

Logan Together Foundation Roadmap –Project scoping

Project title: Improve engagement with maternity care by increasing birthing choices

Strategic or Chapter-based project: Health and wellbeing chapter

Short description: Progress options to improve accessibility of an engagement with antenatal and birthing and postnatal care for all women – increased range of birthing and care choices and settings including a community integrated birthing centre. Midwifery led maternity care models well integrated with hospital services for higher risk births and emergent situations are cited as practice models to draw upon.

What results does it help Logan Together to achieve?

Foundation Roadmap scoreboard outcome (life stage)

Healthy pregnancies and healthy babies

Target

Increase the % of pre-natal and post-natal visits by XXX

Indicators (how do we know the outcome is being achieved)

Increase in women and their partners attend scheduled pre and post-natal visits

Why will it help achieve those results?

Birthing choice means a great number of things; private, public, GP shared care (MGP), midwife lead, obstetrician lead and this is just to name the big ones. Then there is mode of delivery, vaginal, caesarean section, natural or drug assisted, vaginal with intervention and the list also continues.

Beyond the physicality of birth choices is what constitutes birth choice in the whole perinatal experience. The Australian Charter of Healthcare Rights states that “to obtain good health outcomes, it is important for patients and consumers to participate in decisions and choices about their care and health needs” (ACSQHC, 2009). This we do not deny.

The health and wellbeing of a mother and child at birth is seen as a determinant of future health and wellness of the entire family (WHO 2005). The ways which the woman experiences pregnancy and child birth is vital for the relationship with her child and her future childbearing experiences (Hauck et al 2007). It can also be stated that a majority of women (96%) want to be involved in making decisions about their labour and birth (Brown & Lumley, 1998).

Respect for women's autonomy, control and participation in decision making, confidence in care providers are all factors considered by women as important in their birthing experience.

Personal knowledge, social norms, flexible environment and cultural safety are all factors linked to women’s positive experience and satisfaction with subsequent birthing experiences. Perinatal birthing choices should involve

- the need to minimise fear, particularly women’s fear, and improve support throughout labour and birth
- the importance of consistent and balanced information for women and health care providers regarding vaginal birth after caesarean section operation and the potential risks associated with elective caesarean operation
- the need to develop programs of care, both midwifery and medical, that focus on providing continuity of care¹.

Project details:

To be determined

Data and scale:

We know that there is a correlation between low numbers of antenatal visits and low AGPAR and premature births.

The below table provides percentages and numbers of suburbs for initial antenatal visit in 3rd trimester and low numbers of ante-natal visits.

Suburbs	% First Ante-natal Visits In 3 rd Trimester (>28 wks)	Number	% Low Number of ante-natal visits (0-4)	Number
Australia	-		5.05	
Queensland	-		4.90	
Logan	5.1		9.6	
Kingston	9.0	20	17.9	40
Eagleby	10.0	26	17.3	45
Beenleigh	10.8	15	18.7	26
Marsden	7.1	20	15.3	4
Slacks Creek	9.9	19	13.0	25
Loganlea	10.6	19	14.5	26
Woodridge	11.2	35	16.3	51
Waterford West	3.4	4	6.0	71

¹ Family Home Visiting Service Outline, Government of South Australia 2014

Crestmead	3.9		10.7	
Logan Central	7.6	7	16.3	15
Munruben – Park Ridge South	2.6		2.6	
Browns Plains	3.9	6	11.8	18
Bethania – Waterford	4.6		9.1	
Chambers Flat – Logan Reserve	4.3		8.5	
Edens Landing – Holmview	5.8		9.4	
Regents Park – Heritage Park	3.9		8.7	
Boronia Heights – Park Ridge	2.0		5.9	
Mount Warren Park	4.1		14.9	
Hillcrest	2.5		7.4	
Jimboomba	3.6		7.1	
Greenbank	2.9		9.4	
Loganholme – Tanah Merah	6.1		9.4	
Shailer Park	2.6		6.8	
Logan Village	9.1		3.6	
Daisy Hill	0.0		5.6	
Tamborine / Canungra	3.4		6.1	
Bahrs Scrub / Wolffdene	1.4		9.6	

Rochedale South – Priestdale	1.9		5.3	
Springwood	4.4		2.7	
Underwood	2.0		8.0	
Cornubia – Carbrook	3.4		1.1	

Partners:

Co-design:

Quick wins:

References

Hauck, Y., Fenwick, J., Downie, J., & Butt, J. (2007). The influence of childbirth expectations of Western Australian women's perception of their birth experience. *Midwifery*, 23(3), 235-247.

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Family Home visiting service outline, Government of South Australia 2005

Children Health Queensland Strategic Plan 2013-2017

Metro South Hospital and Health Service Strategic Plan 2015-2019