

1ST 2000 Days Governance Group Launch

31 October 2024



First Nations First



We believe that we need to do the work to strengthen cultural ways of knowing. This will see us shift us from western structures and processes into an intrinsic way of working with a First Nations First approach.

Children at the heart



We are helping to ensure children growing up in Logan are loved, safe, valued and thriving. We are working to ensure that the voices of our children directly influence the decisions we make together to ensure their strong futures.

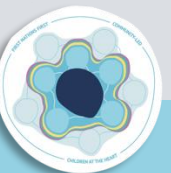
Community led



We believe power should be shared equally with our diverse community. Together we will enable community members to lead decision-making and share accountability with the sectors as confident, capable individuals.

Acknowledgement

As a collective, Logan Together is steadfast in its efforts to work together to improve the life outcomes of our jarjums and families by embedding our pillars: First Nations First. Children at the Heart. Community-Led. We believe in First Nations First, which means Aboriginal and Torres Strait Islander community, families and jarjums feel like their Indigenous lives matter, respect is paramount, and they are heard.



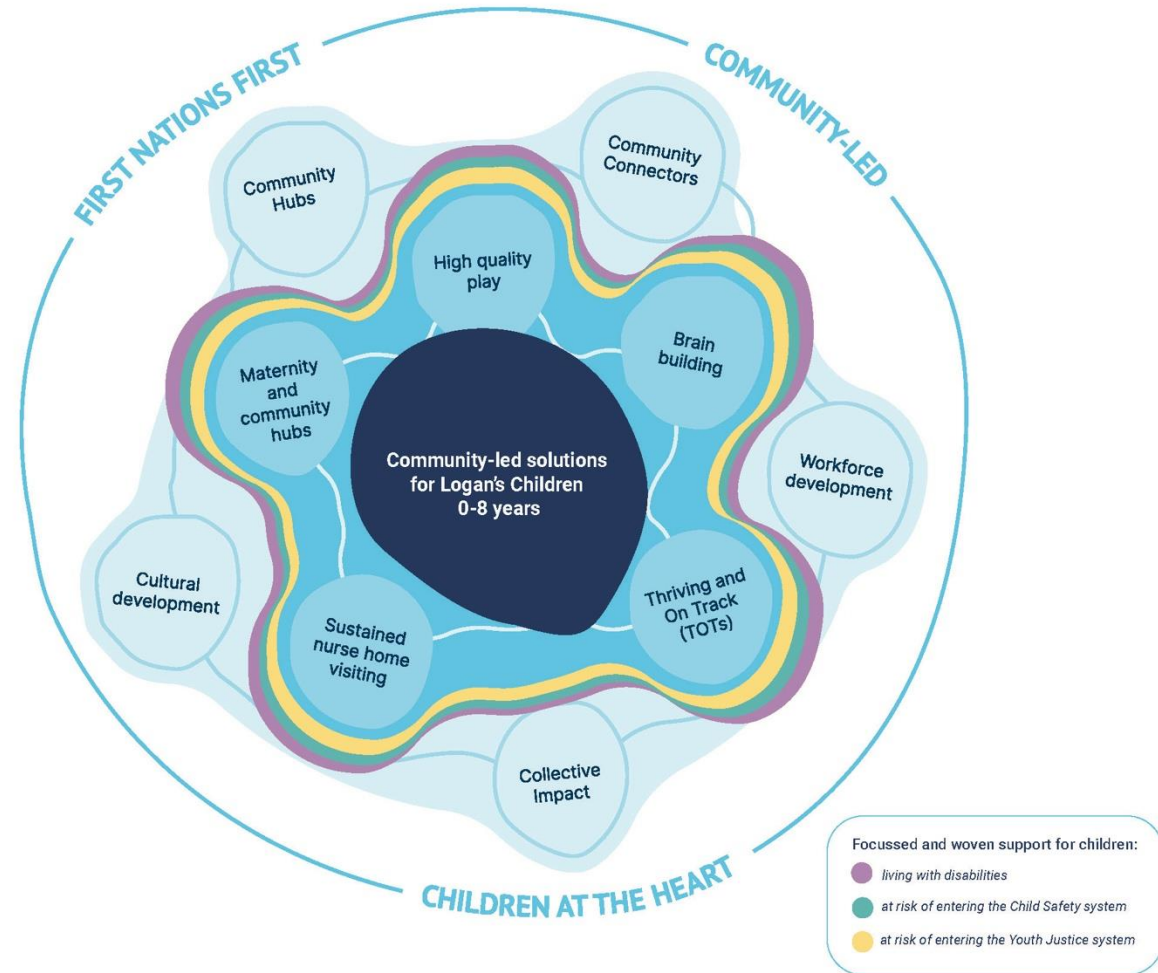
CONTEXT AND ALIGNMENT

On 31st October, 2024, 16 individuals from across Australia came together to learn, align and enable Logan's community-designed 1st 2000 Days system.

Our community knows what works in Logan, and they are committed to being involved in the decision-making about their futures.

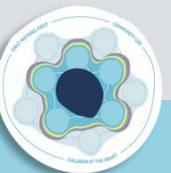
The 1st 2000 Days system has been developed over several years. Based on community voice and the hard data, it provides great hope for Logan's children and families. **It is already creating impact.**

The following shares details of the first assembly of the Governance Group for Logan's 1st 2000 Days



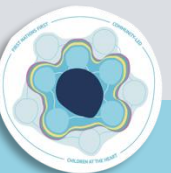
LOGAN TOGETHER JOURNEY MAP

Members of our new Governance group were first encouraged to take a wander through the history of Logan Together, experiencing the high points and challenges of a large-scale, community-led movement for change.



Clear SCOPE FOR THE SESSION

"Bringing the Logan Together First 2000 Days Governance Group together to deeply understand our 1st 2000 Days model, the associated opportunities and challenges, what it currently looks like in community and what it might take from all of us to strengthen this approach for Logan's children."



urgency and accountability

As partners in the 1st 2000 Days model, we then reviewed the current investment situation and considered together the implications of this context for our ongoing work.

We committed to guide and enable the realisation of Logan's 1st 2000 Days by activating our partnerships, assets and understandings moving forward.

"The opportunity to improve outcomes for Logan's children sits at the heart of our accountability."

A graphic of a suspension bridge with a warning sign. The sign reads: "The responsibility is weighing heavily on our Backbone Teams". Below the sign is a red triangle with a white exclamation mark. A green arrow points upwards from the left side of the bridge.

The responsibility is weighing heavily on our Backbone Teams

We need to protect these assets and sustain the initiatives so we can take the next steps

FY 26 – Not funded to realise full potential

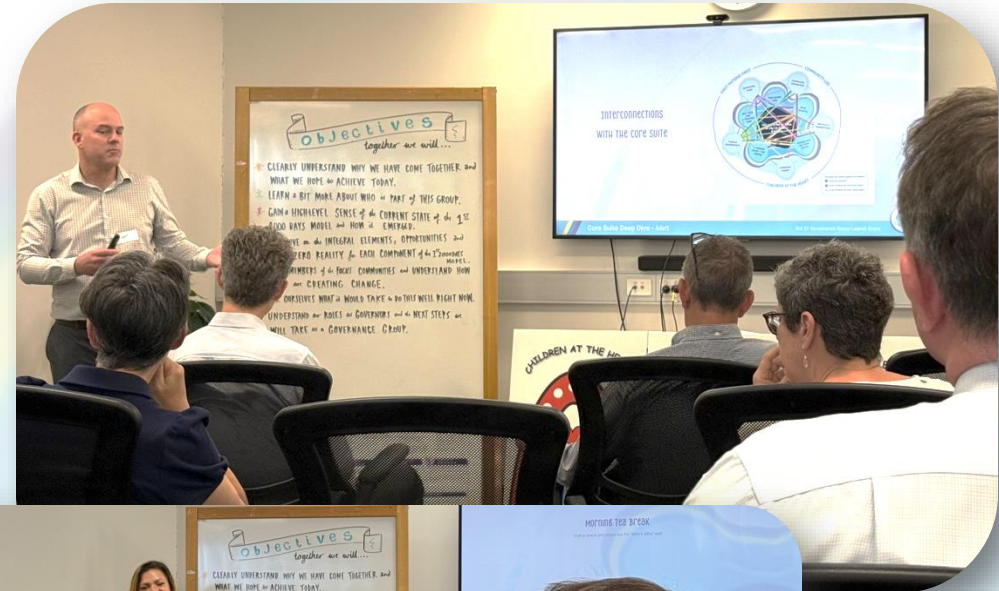
Objective:



10 COMPONENTS – INEXTRICABLY LINKED

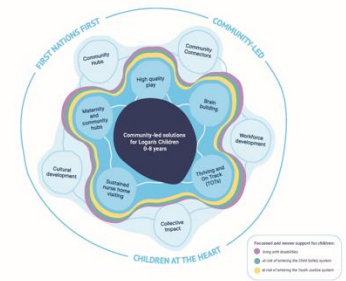
Logan's 1st 2000 Days comprises 5 initiative streams and 5 enablers. We believe that the only way to achieve real change is to combine:

- *The right services and opportunities, delivered in the right ways, with;*
- *An underpinning focus on strong families, strong community and strong systems*



INITIATIVE DEEP DIVES

We learned more about each aspect of the 1st 2000 Days; both the Initiatives and the Enablers. We considered the scope and integral elements of each, the current status, opportunities and risks and the emerging data.



The Maternal and Child Health Hubs provide a tailored, relationship-based, culturally safe care service with the aim of increasing access and uptake of care during pregnancy and birth for women and families at risk in Logan.

Care is then extended to the child born through the Hubs for up to age 2 years, with wrap-around family support throughout this time.



The Logan Brain Building initiative is a response to Logan's parents and carers asking that both they, and more of those people who provide support to their children, have a deeper awareness of Early Childhood Development.

The initial project will therefore build and share common language and practice amongst families, allies, the workforce, and enablers for collective impact.



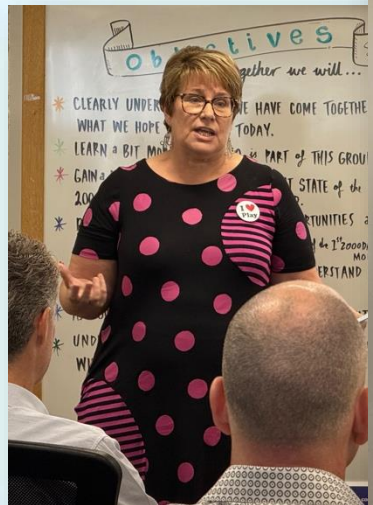
Collaborative, cross sector initiative, co-designed in response to data showing developmental delays at school commencement, and reduced engagement with traditional health systems. TOTS aims to:

1. Assist children and families to access developmental support
2. Build the capacity of families and early childhood educators to support children's development




Children and grown-ups naturally feel compelled to do so. Playing with other children helps them learn and grow. Play helps children learn and grow through play helps them learn and grow.






enabler DEEP DIVES

A community hub is a central place within a community offering locally tailored services to support families and build community by making help accessible much earlier and more effectively (Wallace, 2020)



Community Hubs –

Facilitators are defined as individuals who facilitate flow of information and access to resources between connected parts of the community.




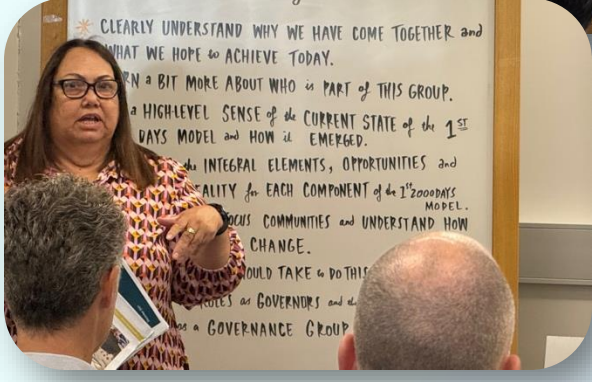
Introduction

First Nations First training helps practitioners, policy-makers and community members shift practice from a Western lens to a cultural lens.



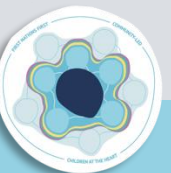
Cultural Development – Louisa

Introduction

Handwritten notes on whiteboard:

- * CLEARLY UNDERSTAND WHY WE HAVE COME TOGETHER and WHAT WE HOPE TO ACHIEVE TODAY.
- * GAIN A BIT MORE ABOUT WHO IS PART OF THIS GROUP.
- * GAIN A HIGH-LEVEL SENSE OF THE CURRENT STATE OF THE 151 DAYS MODEL and HOW it EMERGED.
- * IDENTIFY the INTEGRAL ELEMENTS, OPPORTUNITIES and CHALLENGES for EACH COMPONENT of the 151 DAYS MODEL.
- * FOCUS COMMUNITIES and UNDERSTAND HOW CHANGE.
- * IDENTIFY WHO SHOULD TAKE TO DO THIS.
- * IDENTIFY ROLES as GOVERNORS and etc.
- * FORM a GOVERNANCE GROUP.



HOW MANY LIVES ARE BETTER OFF?

For each element of the 1st 2000 Days, the unfolding impact was highlighted. The opportunity to scale is compelling!

OUTCOMES

- 0.3%** The rate of First Nations still births is down to 0.3%, compared to other parts of Qld, which sit between 1% and 5%
- 2,509 women cared for** MGP (about 30% of the birthing population in the area). 2021 – June 2024
- 42%** decrease in the number of birth parents receiving **nil or inadequate antenatal care** with 97.7% pregnant mothers attending more than 5 antenatal visits as opposed to 93.6% in standard care
- 6.2%** and **8.9%** Women significantly less likely to have a premature baby: **6.2% of mothers had a baby before 37 week's gestation** as opposed to **8.9% in standard care** (2020)
- 74%** Higher breast-feeding rates: **74% of women leave hospital exclusively breastfeeding** their babies, as opposed to 69% in standard care (2020)
- minimum saving of 13%** Reduces length of stay in hospital and creates a minimum saving of 13% of a hospital-based model based on this reduction

\$4 MILLION+

Community Hub quality of life improvements (across 5 Logan Hubs alone) are estimated at >\$4 Mill

88%

of parents and carers reported greater **parenting ability, confidence and coping** as a result of Community Hub support

OUTCOMES

- 10%** Reaching families who are not engaging with traditional health services - only 10% of children seen by the Child Health Service in ECECs had been seen in the previous 12 months
- increased identification of developmental concerns** Anecdotal reports from numerous schools across Logan that an increased number of children have had developmental concerns identified prior to starting school with introduction of TOTs
- 100%** 100% of families seen by Child Health in their ECEC understood the next steps to support their child
- 98%** 98% of educators indicated capacity building support increased their knowledge in the area of development targeted through support

Evaluation of connector role commissioned by Communities for Children found:

- Families develop a better understanding of child development and workings of child healthcare system**
- Connectors help alleviate family anxiety**
- Connectors build the capacity of the sector by sharing information about service gaps and provisions**

OUTCOMES

Key strategies engaged over the 2021-2024 period had an impact of moving students out of the vulnerable area as well as progressing students to be 'on track' -

- Community Engagement - with a focus on 0-5 years
- Engaging and developmentally appropriate learning experiences, namely Outdoor Play and Learning.

BERRINBA COLLECTIVE AEDC RESULTS 2021 - 2024

	Physical Health and Wellbeing		Social Competence		Emotional Maturity		Language and Cognitive Skills		Communication Skills and General Knowledge	
	BESS	Network*	BESS	Network	BESS	Network	BESS	Network		
On Track	+18.4%	+18.6%	+8.6%	+1.0%	+14.6%	+2.25%	-0.2%	+3.5%	+17.0%	+12.5%
Vulnerable	-0.5%	+0.01%	-9.3%	-2.8%	-7.4%	1.4%	-12.3%	-5.7%	-22.3%	-9.9%

*Network refers to the alliance of other schools in the area.

42% decrease

in the number of birth-parents receiving **nil or inadequate antenatal care**

28%

In 2022, the Maternal and Child Health Hubs provided care for **approx. 28%** of the birthing population of the area

13% saving

Maternal and Child Health Hubs generate a minimum saving of 13% on the cost of a hospital-based midwifery model



MOST SIGNIFICANT CHANGE



WHAT OPPORTUNITIES LIE AHEAD?

Commitment from Metro South Health for 50% of all births to happen through MGP in Logan by 2025; currently ~30% of birthing women are supported

Clear opportunities to broaden place-based foundational support and early intervention

Increasing play throughout Logan creates opportunities to grow thriving children, who are mentally, emotionally and physically competent

System partners' flexibility in providing culturally safe services through the education and advocacy provided by connectors to have a broad, system-level impact

Improved educational outcomes, reduction in suspensions, increase in attendance

Opportunity for transferable community, workforce and policy-maker practice guides, underpinned by a common understanding of brain development

Greater social cohesion, participation and employment rates

Scalability across Logan, Queensland and Australia

Linkage between health and education sectors and recognition of role of education partners in supporting early child development and wellbeing

Opportunity to align community priorities and policy making

Integration and linkage of connector services that are currently in place for holistic support across first 2000 days

Leadership, Governance, Social Cohesion, Trust, Leveraged Funding

Democratising culturally safe allied health access

Strengthened parent and care giver capability in ways that are designed by community themselves

Continue to build understanding of different ways connectors can support families, from empowering conversations to longer term support

Impact for Logan's children



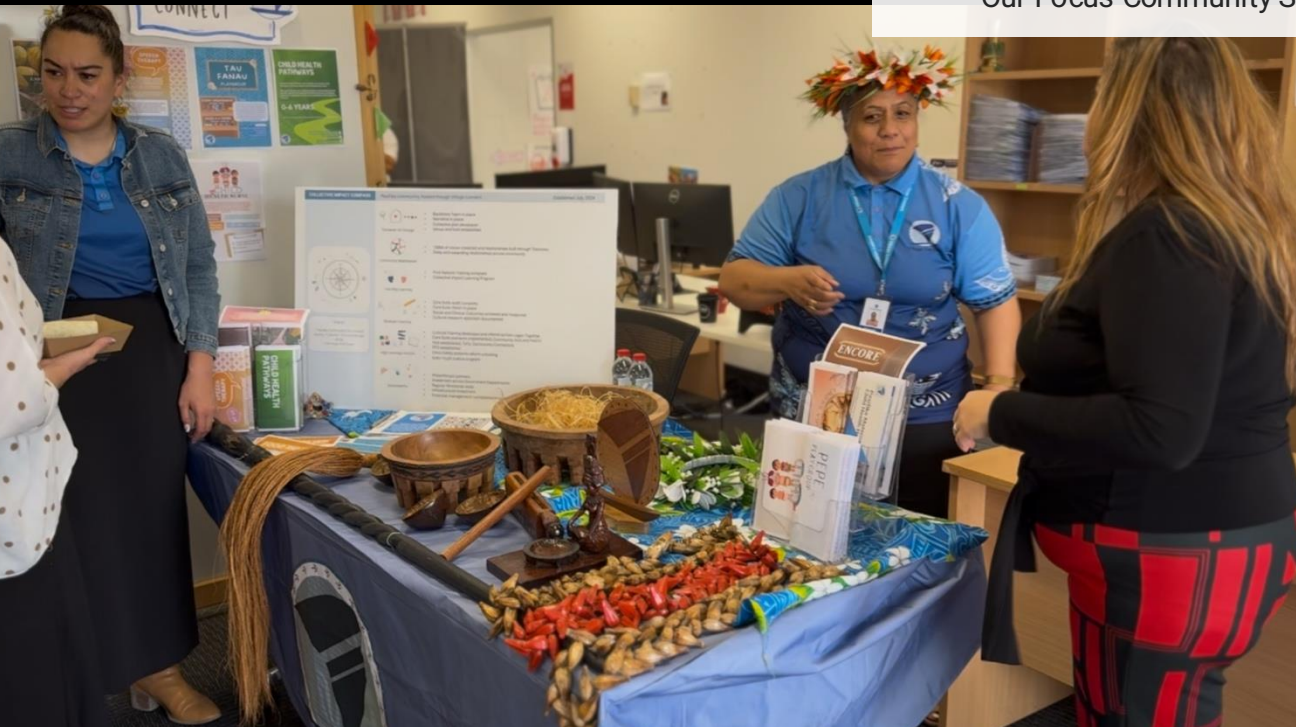
FOCUS COMMUNITY STALLS

At lunchtime, we were joined by community leaders who shared insights of their experience as Logan Together Focus Communities. Each community reflected on their Collective Impact ways of working, the complexities of the journey and their successes to date.





Our Focus Community Stalls bringing the work to life!



Year zero reality check

Before the session drew to a close we sat in circle to candidly discuss just what it would take to do this work well. Acknowledging that the reality is imperfect, how do we continue to find clever ways of thinking about this work?

here is an urgent need to forge partnerships, streamline Government systems and local services, shore up further funding for the short and medium term in the first instance, and authentically walk alongside community to guide our efforts.

Take home information packs were shared and next steps agreed upon.



THANK YOU

Kenny Duke	SSI Community Connection and Wellbeing Lead
Deanne Viellaris	Jinndi Mibunn, Operations Manager
Renee Blackman	ATSICHS CEO
Roger Meany	Thriving Qld Kids Partnership, Lead – Engagement and Governance
Michelle Lucas	Logan Together Executive Director
Matt Statham	Brisbane South PHN, GM Child, Family, Older Persons, Multicultural Health
Debbie Cowan	Metro South Health, Senior Director Stakeholder Engagement
John Norfolk	Qld Department of Education, Regional Director
Meaghan Hollamby	Children's Health Qld, Divisional Director - CYCHS
Nicole Marsh	Strong Beginnings, Backbone lead
Gayle Evans	The Bryan Foundation, Head of Engagement and Partnerships
Damien Searle	Qld Government Department of Health, Executive Director Health Reform Office
Tracey Ryan	Qld Government Department of Child Safety, Seniors and Disability Services, Regional Director, SE Region, Child Safety Services
Marnie Wettenhall	Branch Manager, Community Partnerships, Australian Government Department of Social Services
Joanne McKenzie	Qld Government Department of Youth Justice, Regional Director Youth Justice (SE Region)
Apologies:	
Michelle Steele	Paul Ramsay Foundation, Chief First Nations Officer
Steve Kanowski	Berrinba East State School, Principal
Inez Faingaa-Manu Sione	Village Connect, Pathways In Place, Community Research Fellow
Brad McCoy	Dept of Treaty, Aboriginal and Torres Strait Islander Partnerships, Communities and the Arts, Executive Director Community Services

www.logantogether.org.au

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